

Michael's Message



The holidays are fast approaching and you might be on the verge of panic. There's so much to do and so little time left. How are you going to get everything done? I suggest coming to the library.

The Smyrna Library can help make everything about the holidays a little less stressful. Just going to the library can reduce your stress. It's a relatively quiet place in a busy world.

You can relax and read without the distractions that come from being at home or work.

If you have children, you can take them to our family story programs. They can participate in a wide variety of creative programs that are age appropriate and you can get some much-needed quality time. The library's children's program won this year's Eason Georgia Library Association Award for excellence in programming. (If you get a chance, please congratulate Lisa Tarr and Sarah Lightsey for the great job they do.)

No matter whether you're preparing for Thanksgiving, Hanukkah, Christmas, Kwanza, or New Year's Eve the library has the materials that can make your event a success. There are over 1,000 cookbooks in our collection. There are books and videos on making crafts, gift-wrapping, table-settings and holiday decorations. You will be surprised at how easy it is to make your celebration special.

O.K. so you've got the meals, gifts and decorations under control. What about the stress that comes with the in-laws that don't get along or the tension that comes from trying to prepare, run a family and do your day job? The library can help you there as well. We have books, videos and audiotapes on stress reduction and personal relationships. This might be the year you take up yoga to reach that inner stillness away from the outer turmoil and we can help with that too.

Are you worried about putting on a couple of extra pounds over the holidays? Don't be. I'll write about resources available to get you trim and keep you fit in my next column. Best wishes for a joyous holiday season and a happy New Year!

Michael Seigler, Director, Smyrna Library

Michael

Donations of \$4560.00 have been made in memory of Bill Lnenicka, father of members Wade & Robin Lnencika and board member Susan Johnston. Military history books and other material will be purchased. The library already has a good collection of military history and this will expand it even more.

THANK YOU!

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Special thank you to Concord Design Florist. The Friends purchased a lovely gift basket for a silent auction at the Georgia Library Association meeting from them. The basket included many food goodies from the shop and was a welcomed auction item.